

INSIDE

President's Column 1
"TC-2K" MHSLA Fall Education Conference Update 2
MHSLA Fall Education Conference Member Scholarships 2
DOCLINE Odds and Ends 2
Ariel and Prospero 3
"Save the Date!" 3
Useful NLM URLs 3
Women's Health Internet Resources 3
Fall Nutrition Update: The Pumpkin 4

President's Column

by Doreen Bradley

In thinking about what to write for this column, I was looking for what made the greatest impact on me recently regarding health sciences libraries. By far, it was our recent visiting librarian. For five weeks this summer, Taubman Medical Library hosted a librarian, Simon Allemann, from the Swiss Paraplegic Hospital in Lucerne, Switzerland. During his stay, we tried to provide him with a thorough overview of medical libraries in the U.S. Several UM librarians helped plan this overview and, for me, it reinforced the reality of what a rich network of opportunities, colleagues and resources we have in Michigan.

One of the first differences Simon notices was how proud librarians are to be librarians! We see ourselves as an integral and vital part of our institutions. For years, we've struggled to find better ways to promote our abilities and services to administrators. Give most any MHSLA member about five minutes and she or he can tell you exactly how much their library can do for its institution! The idea of marketing one's services and promoting the value of the librarian as well as the library were relatively new to Simon. He wondered how we could possibly fit it into a forty-hour work week. As professionals, I think most of us regularly "donate" some of our own time toward accomplishing the truly important tasks at hand. Our libraries are an extension of ourselves.

The strong network of health sciences librarians was also an eye-opening experience for Simon. Switzerland does not have a health sciences library association. It was wonderful to be able to share our experiences with him, and in

doing so, realize how fortunate we are to have MHSLA and such strong regional groups. From union lists, to continuing education opportunities and the expertise of our colleagues, MHSLA has enhanced our professional lives. Knowing whom you can call for assistance on particular issues is invaluable. The fact that our group can represent us on state legislative issues and initiatives speaks directly to our commitment in keeping MHSLA well organized and visible on the state level. Access Michigan and the AMECHII project are perfect examples. In planning visits to local hospital and patient education libraries, the response from colleagues was very enthusiastic. Everyone we called was more than willing to take time out of their already too busy schedules to provide us with library tours. Daria Drobny, at the Rehabilitation Institute of Michigan, was particularly wonderful in sharing her knowledge on resources in spinal cord injuries.

A final area of exploration was the vast array of electronic resources that are available to health sciences librarians in the U.S. Simon's library is in a position similar to that of many MHSLA member's libraries not too long ago – his institution does not have Internet access, so he must find and support access for the library on his own. The love/hate relationship with hospital IS departments must be universal! Listening to his dilemma's reminded me of me of situations I've discussed with many MHSLA members. It also reminded me how fortunate we were to have MHSLA distribute almost \$10,000 in Internet Access grants a number of years back.

Having strong library associations active on state and national levels has been extremely beneficial to health sciences libraries in Michigan. So while most of

us have felt that instant panic attack when asked to participate on or chair another committee, your willingness and efforts really do further the success of our health sciences libraries! In celebrating and furthering the success of MHSLA, I hope that you'll join us October 18-20 in Traverse City for the Annual MHSLA Conference and also the MHSLA gathering at the Midwest Chapter/MLA meeting in Cincinnati on September 25!

“TC-2K” MHSLA Fall Education Conference Update

**Local Arrangements
Traverse City, Oct. 18-20, 2000**

No matter what your interests are, there's something in the Grand Traverse area for everyone. Browsing the boutique shops downtown, dining at one of the many gourmet restaurants, walking the beaches or strolling the boardwalks, visiting the local wineries or brew pubs, taking your chances at the casinos, climbing the sand dunes, enjoying a performance at Interlochen, the Old Town Playhouse or Milliken Theatre, touring the Dennon Museum, or just taking a drive out beautiful Old Mission Peninsula...rain or shine, you can enjoy it all! Hopefully, the Fall color will hold on for us to enjoy.

Go to the MHSLA web site (<http://mhsla.org>) and click On "The 27th Annual Education Conference" link to see the program schedule and link to web sites about the Traverse City area.

Don't wait to make your hotel reservations as October is "color season" and rooms will be scarce. Call the Park Place Hotel at 800-748-0133. Let them know the rooms are in the MHSLA block so you receive the discounted room rate. (Singles and Doubles, \$85; Triple, \$95; Quad, \$105). Rooms are being held in this block until Sept. 28 for Tuesday,

Oct. 17 through Saturday, Oct. 21, so make plans to spend the weekend.

We're looking forward to being your hosts for a gourmet dining experience Thursday night on the Grand Traverse Dinner Train (also a link at the Conference web site).

Our new Community Health Library will be available to visit, as will our beautiful new District Library on Boardman Lake, right near the Train Station.

We're keeping our fingers crossed for nice weather, but remembering our past conferences in T.C., check out the local forecast before you pack! Our first meeting here was rainy and cold, but the last one was absolutely beautiful...sunny and warm. Dress will be casual, regardless of the temperature.

MHSLA Fall Education Conference Member Scholarships

The Michigan Health Sciences Library Association is offering a scholarship for the Fall Educational Conference in Traverse City on October 18 -20, 2000. To be eligible, you must be a member of MHSLA and have not previously attended the Conference. The scholarship includes full conference registration, one full-day CE course, hotel, and travel expenses. This year's courses include *Building and Managing Your Digital Library*, *Complementary and Alternative Medicine [CAM]: Information Resources for Choices in Healing*, and *Ergonomics*. Featured sessions include Problem Solving, Firstsearch / Access Michigan update, and roundtables.

The MHSLA Annual Conference provides an excellent opportunity to network and exchange ideas with other health information professionals and we encourage you to apply for the scholarship. The application deadline is September 15, 2000. To apply, please submit your name to:

Alexia Estabrook
Medical Library
St. John Hospital
22101 Moross Rd.
Detroit, MI 48236
313-343-3735 voice
313-343-7598 fax
alexia.estabrook@stjohn.org

DOCLINE Odds and Ends

Referral Codes

ACT Not acted upon within 3 days
BRM Beyond routing map
CAN Canceled at user request
EXP Time expired
NEW New request entered by borrower
RCD Received by potential lender
RCP Not received within 1 day
REF Referred by NLM
REM Removed; time expired or all potential lenders exhausted
RRB Rerouted due to time-triggered actions (not received, not acted upon, time expired)
RRO Rerouted online due to action taken by potential lender
TRN LD orders transferred into DOCLINE

If a request is "Beyond Your Routing Map". It means that the item that you requested couldn't be found with the list of libraries you have chosen to borrow from. You may want to make some changes to your table. You could add more, larger libraries, check the boxes for "Refer on after NLM" or "Refer to Resource Libraries". This will give you additional opportunities to locate that article. You could also use a broad search in SERHOLD for the title that you are seeking.

ISO ILL Protocol

http://www.nlm.nih.gov/pubs/techbull/mj00/mj00_mla_docline.html

NLM plans to have the ILL protocol available when the new DOCLINE is released. The ILL protocol provides users with the ability to exchange messages

(requests) between proprietary systems. This will allow DOCLINE libraries that are using an ILL system that is protocol compliant to send and receive messages from DOCLINE without logging into the system. Additionally, DOCLINE libraries will be able to send messages from DOCLINE to ILL protocol compliant systems. NLM will be testing the ILL protocol with Clio Software, Pegasus Software, Inc., RLIN, and OCLC. Jay Daly has informed his users that QuickDOC will not be ready to communicate with DOCLINE through the Protocol when the new system is released. NLM will test with QuickDOC as soon as Jay Daly is ready.

Ariel and Prospero

by Stephanie Weldon

For more information on Ariel:
<http://www.rlg.org/ariel/>

Prospero is a web-based document delivery system that was developed as a complement to Ariel.

Visit and download Prospero at
<http://bones.med.ohio-state.edu/prospero/>

An article by Eric Schnell on Prospero can be found at:
<http://www.nlm.nih.gov/gmr/3sources/0004.html#prosp>

"Save the Date!"

The GMR Regional Advisory Council is sponsoring an interactive video conference continuing education program on **March 30, 2001 from 1-5 Eastern Standard Time; 12-4 Central Standard Time**. Approximately 10 sites will participate in the video conference. The program will center on practical issues and options for acquisition and use of **electronic journals**.

We are announcing this program as far in advance as possible, with the hope that state health sciences library groups and consortia will take advantage of this opportunity to plan their spring meetings to include this program. The program

will be submitted to MLA for continuing education credits.

A complete list of sites, hosting this e-journals program, will be forthcoming on GMRLIST.

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Useful NLM URLs

*Some Issues in the Identification of Information in Health Economics
<http://www.nlm.nih.gov/nichsr/pres/istahc00/index.htm>

*NLM Gateway
<http://www.nlm.nih.gov/pubs/factsheets/gateway.html>

*Press Release: NLM and the Medical Library Association to Support Scholarships, Recruitment for Minority Medical Librarians
http://www.nlm.nih.gov/news/press_releases/minoritylibrarianspr00.html

*Internet Connection Grants for Medical Institutions
<http://www.nlm.nih.gov/pubs/factsheets/netconnect.html>

Resource Grant Programs
List Information (listserv)

=====
The following commands may be sent in the body (not subject line) of an email message to "lists@mailserv.nlm.nih.gov":
subscribe nlmfiles <put yourself on this mailing list>
unsubscribe nlmfiles <remove yourself from this mailing list>
help <obtain additional information>

Women's Health Internet Resources

By Debbie Porter

Ask Noah About: Women's Health

<http://www.noah.cuny.edu/healthyliving/womenshealth.html>

New York Online Access to Health (NOAH) is a gold mine of health and nutrition information sponsored by various healthcare and social service institutions in New York City. NOAH is very well organized and uses a plain-language search engine, which produces relevancy-ranked results. With information in both English and Spanish, this is the place to go if you want information about a specific problem.

Health Oasis Mayo Clinic

<http://www.mayohealth.org/mayo/common/htm/womenpg.htm>

The Women's Health Center has links to headlines in the news, ask the Mayo physician, reference articles covering women's health issues and interactive quizzes.

Menopause Matters

<http://www.menopausematters.com/menopausematters/index.htm>

Menopause Matters offers healthcare information on the menopausal life stage for women 40 years or age and older. The site features articles on menopause and hormone replacement therapy (HRT) written by obstetricians/gynecologists, as well as brief video clips of interviews with these physicians. The site also offers a glossary of terms on menopause issues, and information on support groups and resources available both on the Web and in local communities.

The National Women's Health Information Center

<http://www.4woman.org>

This popular Web site sponsored by The Office on Women's Health and the U.S. Department of Health and Human Services is a health information and referral center for women. It includes frequently asked questions on numerous topics of interest to women. There are press releases and announcements for daily women's health news. This site contains information for health professionals, minority health information, dictionaries, journals, and a link to information in Spanish.

Online Women's Health Headache Center for Women

http://www.womens-health.com/health_center/headache/index.html

Online To Health Inc. has introduced the Headache Center for Women—billed as "the first Web-based learning community devoted to the unique problem of women's headache." The Headache Center for Women focuses primarily on migraine. After Women evaluate their headache knowledge, learn about migraine and non-migraine types of headaches, they can formulate an action plan.

Other modules cover the causes of women's headaches, treatments, and discussions with healthcare providers, and self-help strategies. A headache diary is also available to help women track their headaches, treatments, and trigger factors.

Women's Health Interactive: The Midlife Health Center

http://www.womens-health.com/health_center/midlife/index.html

The Midlife Health Center is the latest in a series of centers offered through Women's Health Interactive. Topics include identification of perimenopause, menopause, long-term health risks, risk

factors for osteoporosis and heart disease, hormone replacement therapy, and alternative therapies. Finally, the site offers answers to frequently asked questions on midlife, includes an online directory of women-centered service providers, and advice on how to develop an action plan and track progress.

Fall Nutrition Update: The Pumpkin

by Arlene Weismantel

This fall, consider using pumpkin in dishes other than pie. Pumpkin is rich in vitamin A and fiber and also contains potassium, vitamin C, calcium, iron, and folate. Fresh cooked pumpkin contains only 50 calories per cup and has no cholesterol.

Quick and Easy Pumpkin Soup

From Pumpkins & More at the University of Illinois Extension, <http://www.urbanext.uiuc.edu/pumpkins/> Although this soup is rich and creamy, there is actually no cream in it. The thick body of the soup comes from the pumpkin puree and evaporated skim milk.

- 2 cups finely chopped onions
- 2 green onions, sliced thinly, tops included
- ½ cup finely chopped celery
- 1 green chili pepper, chopped
- ½ cup canola or vegetable oil
- 3 cans chicken broth (14-1/2 oz. Cans) of 6 cups homemade chicken stock
- 2 cups pumpkin puree or 1 can (16 oz.) solid pack pumpkin
- 1 bay leaf
- 1-1/2 teaspoon ground cumin
- 1 cup undiluted, evaporated skim milk
- Salt and pepper to taste (Canned chicken broth and canned pumpkin may contain added salt. Taste the finished soup before adding salt, as additional salt may not be needed.)
- Parmesan cheese and fresh chopped parsley

1. In a 6-quart saucepan, sauté onions, green onions, celery and chili pepper in oil. Cook until

2. onions begin to look translucent. Add broth, pumpkin, bay leaf, and cumin. Bring to a boil. Reduce heat and simmer, uncovered for 20 minutes, stirring occasionally.
3. Remove bay leaf. Add evaporated milk and cook over low heat 5 minutes. Do not boil. Taste and adjust seasoning if necessary. Add ½ teaspoon salt and ½ teaspoon black pepper if desired.
4. Transfer hot soup to serving bowls. Garnish with grated Parmesan cheese and chopped parsley. Serve hot. Makes 6 to 8 servings.

Recommended Websites

Pumpkins & More

<http://www.urbanext.uiuc.edu/pumpkins/> This is a thorough, informative website produced by the University of Illinois Extension and contains information about pumpkin history, varieties, nutrition, recipes, education, farms, facts, growing, selection & uses, and festivals.

Selecting, Storing, and Serving Ohio Squash and Pumpkin

<http://ohioline.ag.ohio-state.edu/hyg-fact/5000/5530.html> Produced by Ohio State University, this site provides tips on selecting pumpkins for cooking and storing them properly.

Pumpkins Aren't Just for Jack-O-Lanterns and Pie

<http://agnews.tamu.edu/stories/CFAM/pie.htm> This site, produced by the Texas A&M University Agriculture Program, includes suggestions on selecting, storing and cooking pumpkins.

Proposed Bylaws Change

ARTICLE VI. Executive Board

Section 2. Area Group Representatives

A. Representation

Each MHSLA approved area group shall have one representative on the Executive Board. Each area group shall elect its own representative to the Executive Board.

B. Term of Office

The term of office of area group representatives shall be three years with one third of the representatives being replaced in each year. The new representatives assume responsibility concurrently with the Association officers.

As in the case of the officers, no person may serve two consecutive terms as area group representative. (Exceptions to this rule may be made at the discretion of the Executive Board.)

C. —Alternate for Board Meetings

Each area group shall designate an alternate who shall attend Executive Board meeting in the absence of the regular representative.

D. Vacancy

In case of a vacancy of an area group representative either due to election as an officer or resignation, that area group shall select a replacement representative to fill the vacancy. (Area groups may petition the Executive Board for an exception.)

E. Removal

In the event that an area group representative does not fulfill their duties and responsibilities, the mechanism for replacement shall be decided upon by that area group.

F. Petition

Additional area groups may petition the Executive Board for representation. If an area group is accepted by the Executive Board, it is then considered an MHSLA approved group. Area groups may petition for withdrawal from MHSLA.